

Naturopathic Oncology

INTEGRATIVE CANCER CARE FOR THE 21ST CENTURY

The Bodhi Clinic is proud to offer Naturopathic Oncology with Dr. Stephany Porter who is dedicated to cancer care.

What does this mean for you and why is this a crucial part of your health care team?

The use of Integrative Medicine (formerly known as complementary medicine) has exploded over the past two decades. So has the sophistication in research concerning the use of botanicals, homeopathy, nutrients, physical modalities, diet, lifestyle and detoxification options in relation to cancer.

The following **questions** can be answered by your Naturopathic Doctor:

- Everyone seems to have a product that they feel will help, how do I know what to take?
- How do I improve the effect of my radiation and chemotherapy treatments yet decrease the side effects and long term toxicities?
- Are these therapies congruent with my oncologist's goals?
- I have completed my conventional therapies, is there anything else I can do?
- What foods will benefit me the most?
- Conventional medicine has no options for me at this point, what else can be done?

Dr. Porter works with your oncologist and health care team to assure that your treatment plan is collaborative and based upon your individual needs. The plan will vary as your conventional treatment changes.

When should you schedule a visit?

The ideal scenario is to see your naturopathic doctor prior to starting conventional therapies. Your treatment plan will be designed to support your body, mind and spirit through each stage by protecting organs at risk, decreasing side effects and increasing the efficacy of the conventional therapies.

Once you have completed conventional therapies you will be guided through various treatment options to decrease the risk of recurrence and rebuild your body.

Welcome to the world of Integrative Medicine, we look forward to walking with you on your journey.

Modalities

- Botanical Medicine
- Nutrients
- Homeopathy
- Diet and Lifestyle
- Cranial Sacral
- Education
- Hydrotherapy
- Detoxification

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THE
Bodhi Clinic

PATHWAYS TO NATUROPATHIC HEALING